Sideritis incana

Habitus and growth type

Life span: **Perennial**
Life form: **Chamaephyte**

Leaf

Specific leaf area [mm^2/mg]: **11.03**

Fruit, seed and dispersal

Seed mass [mg]: **1.6**
Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Ellenberg-type indicator values

Light indicator value: **8.4**
Temperature indicator value: **6.6**
Moisture indicator value: **2.1**
Reaction indicator value: **7.3**
Nutrient indicator value: **1.7**
Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.41**
Disturbance frequency (herb layer): **1.53**
Disturbance severity: **0.68**
Disturbance severity (herb layer): **0.18**
Mowing frequency: **0.02**
Grazing pressure: **0.4**
Soil disturbance: **0.16**

Habitat and sociology

EUNIS habitat

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Diagnostic species of EUNIS habitats: **S61 Western basiphilous garrigue**, **S73 Western Mediterranean mountain hedgehog-heath**

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