Inula helenioides

Habitus and growth type

Life span: **Perennial**
Life form: **Hemicryptophyte**

Fruit, seed and dispersal

Dispersal mode: **Anemochory**
Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**
Substrate reaction relationship: **Alkaline**
Nutrient relationship: **Eutrophic**
Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8.5**
Temperature indicator value: **7.5**
Moisture indicator value: **3**
Reaction indicator value: **8**
Salinity indicator value: **0**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **DA (FES) *Festuco-Brometea***

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline)**

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