Elsholtzia ciliata

Habitus and growth type

Plant height [m]: **0.44**
Life span: **Annual**
Life form: **Therophyte**

Flower

Flowering period: **July-September**

Fruit, seed and dispersal

Seed mass [mg]: **0.31**
Dispersal mode: **Myrmecochory, Anthropochory**
Dispersal distance class: **3, 7**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **neophyte**

Ecology

Disturbance indicator values

Disturbance frequency: **0.64**
Disturbance frequency (herb layer): **1.65**
Disturbance severity: **0.78**
Disturbance severity (herb layer): **0.64**
Mowing frequency: **0.35**
Grazing pressure: **0.17**
Soil disturbance: **0.46**

Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Scrub, Sparsely vegetated (incl. rock and scree), Synanthropic**

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