Cirsium helenioides

Habitus and growth type

Plant height [m]: **0.56**
Life span: **Perennial**
Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm^2/mg]: **27.03**

Fruit, seed and dispersal

Seed mass [mg]: **1.78**
Dispersal mode: **Anemochory**
Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **BB (ASA) *Asaro europaei-Abietetea sibiricae***, **CM (MOL) *Molinio-Arrhenatheretea***

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Forest**

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