

Ephedra distachya subsp. *helvetica*

Flower

Flowering period: **April-June**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [DA \(FES\) Festuco-Brometea](#)

Broad habitat

Occurrence in broad habitats: **Coastal cliff, Grassland (non-alpine, non-saline), Sparsely vegetated (incl. rock and scree)**