

Ephedra distachya subsp. *distachya*

Flower

Flowering period: **February-May**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [CJ \(COR\) *Koelerio-Coryneporetea canescentis*](#)

Broad habitat

Occurrence in broad habitats: **Coastal beach, dune or shingle, Grassland (non-alpine, non-saline)**