

Tephroseris helenitis

Habitus and growth type

Plant height [m]: **0.45**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Fruit, seed and dispersal

Seed mass [mg]: **0.78**

Dispersal mode: **Anemochory**

Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Wet**

Nutrient relationship: **Oligotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **7.8**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **1.32**

Disturbance frequency (herb layer): **1.76**

Disturbance severity: **0.44**

Disturbance severity (herb layer): **0.42**

Mowing frequency: **0.51**

Grazing pressure: **0.21**

Soil disturbance: **0.17**

Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Coastal saltmarsh, Grassland (non-alpine, non-saline)**

Distribution

Continentality: **3**

Continentality amplitude: **1**