

Spiranthes spiralis

Habitus and growth type

Plant height [m]: **0.13**

Life span: **Perennial**

Life form: **Geophyte**

Flower

Flowering period: **September-November**

Fruit, seed and dispersal

Seed mass [mg]: **0**

Dispersal mode: **Anemochory**

Dispersal distance class: **5**

Trophic mode

Parasitism and mycoheterotrophy: **initial or partial mycoheterotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**

Substrate reaction relationship: **Slightly acidic to near-neutral**

Nutrient relationship: **Oligotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8**

Reaction indicator value: **6.1**

Nutrient indicator value: **2.2**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.85**

Disturbance frequency (herb layer): **1.76**

Disturbance severity: **0.56**

Disturbance severity (herb layer): **0.45**

Mowing frequency: **0.55**

Grazing pressure: **0.33**

Soil disturbance: **0.19**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [DA \(FES\) Festuco-Brometea](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub**

Distribution

Continentality: **3**

Continentality amplitude: **3**