Sideritis romana

Habitus and growth type

Plant height [m]: **0.15**
Life span: **Annual**
Life form: **Therophyte**

Flower

Flowering period: **March-June**

Fruit, seed and dispersal

Seed mass [mg]: **0.51**
Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **Native**

Ecology

Environmental relationships

Substrate humidity relationship: **Dry**
Substrate reaction relationship: **Slightly acidic to near-neutral**
Nutrient relationship: **Oligotrophic**
Salinity relationship: **Slightly saline or brackish**

Ellenberg-type indicator values

Light indicator value: **8**
Temperature indicator value: **9.7**
Moisture indicator value: **3.5**
Reaction indicator value: **7**
Nutrient indicator value: **4**
Salinity indicator value: **0.5**

Disturbance indicator values

Disturbance frequency: **1.13**
Disturbance frequency (herb layer): **1.81**
Disturbance severity: **0.74**
Disturbance severity (herb layer): **0.65**

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Mowing frequency: **0.32**
Grazing pressure: **0.34**
Soil disturbance: **0.33**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **FJ (TRA) *Stipo-Trachynietea distachyae***

EUNIS habitat

Diagnostic species of EUNIS habitats: **R1F Mediterranean annual-rich dry grassland**, **S63 Eastern garrigue**

Constant species of EUNIS habitats: **R1F Mediterranean annual-rich dry grassland**, **S63 Eastern garrigue**

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub, Sparsely vegetated (incl. rock and scree)**

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