

# *Sideritis glacialis*

## Habitus and growth type

Life span: **Perennial**

Life form: **Chamaephyte**

## Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **1**

## Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

## Taxon origin

Origin in Europe: **native**

## Ecology

Ellenberg-type indicator values

Light indicator value: **8.9**

Temperature indicator value: **3.9**

Moisture indicator value: **1.8**

Reaction indicator value: **6.4**

Nutrient indicator value: **1.1**

Disturbance indicator values

Disturbance frequency: **1.48**

Disturbance frequency (herb layer): **1.48**

Disturbance severity: **0.33**

Disturbance severity (herb layer): **0.33**

Mowing frequency: **0.02**

Grazing pressure: **0.2**

Soil disturbance: **0.15**

## Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Alpine-subalpine and arctic grassland, Scrub**