

# *Sideritis endressii*

## Habitus and growth type

Plant height [m]: **0.5**

Life span: **Perennial**

Life form: **Chamaephyte, Hemicryptophyte**

## Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **2**

## Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

## Taxon origin

Origin in Europe: **native**

## Ecology

### Environmental relationships

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Mesotrophic**

Salinity relationship: **Non-saline**

### Ellenberg-type indicator values

Light indicator value: **8**

Moisture indicator value: **2.8**

Reaction indicator value: **7.3**

Nutrient indicator value: **3.5**

Salinity indicator value: **0**

### Disturbance indicator values

Disturbance frequency: **1.55**

Disturbance frequency (herb layer): **1.55**

Disturbance severity: **0.43**

Disturbance severity (herb layer): **0.43**

Mowing frequency: **0.26**

Grazing pressure: **0.31**

Soil disturbance: **0.15**