

Reseda alba

Habitus and growth type

Plant height [m]: **0.43**

Life span: **Annual, Biennial or short-lived, Perennial**

Life form: **Hemicryptophyte, Therophyte**

Leaf

Specific leaf area [mm²/mg]: **23.24**

Flower

Flowering period: **January-December**

Fruit, seed and dispersal

Seed mass [mg]: **0.53**

Dispersal mode: **Myrmecochory, Anthropochory**

Dispersal distance class: **3, 7**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Dry**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Mesotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **8**

Temperature indicator value: **9**

Moisture indicator value: **3.7**

Reaction indicator value: **7.7**

Salinity indicator value: **0.3**

Disturbance indicator values

Disturbance frequency: **1.43**

Disturbance frequency (herb layer): **1.59**

Disturbance severity: **0.73**

Disturbance severity (herb layer): **0.71**

Mowing frequency: **0.46**

Grazing pressure: **0.22**

Soil disturbance: **0.43**

Habitat and sociology

EUNIS habitat

Diagnostic species of EUNIS habitats: [N22 Mediterranean and Black Sea coastal shingle beach](#)

Broad habitat

Occurrence in broad habitats: **Grassland (non-alpine, non-saline), Scrub, Sparsely vegetated (incl. rock and scree), Synanthropic**