

Melittis melissophyllum

Habitus and growth type

Plant height [m]: **0.39**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **53.5**

Flower

Flowering period: **April-August**

Fruit, seed and dispersal

Seed mass [mg]: **6.35**

Dispersal mode: **Local non-specific dispersal**

Dispersal distance class: **2**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Dry**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Oligotrophic**

Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Nutrient indicator value: **3.1**

Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.03**

Disturbance frequency (herb layer): **1.31**

Disturbance severity: **0.68**

Disturbance severity (herb layer): **0.12**

Mowing frequency: **0.02**

Grazing pressure: **0.2**

Soil disturbance: **0.1**

Habitat and sociology

EUNIS habitat

Diagnostic species of EUNIS habitats: [T19 Temperate and submediterranean thermophilous deciduous forest](#)

Constant species of EUNIS habitats: [T19 Temperate and submediterranean thermophilous deciduous forest](#)

Broad habitat

Occurrence in broad habitats: **Scrub, Forest, Sparsely vegetated (incl. rock and scree)**

Distribution

Continentality: **4**

Continentality amplitude: **4**