Lamium flexuosum

Habitus and growth type

Plant height [m]: **0.3**
Life span: **Perennial**
Life form: **Hemicryptophyte**

Flower

Flowering period: **March-June**

Fruit, seed and dispersal

Dispersal mode: **Local non-specific dispersal**
Dispersal distance class: **1**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**
Carnivory: **non-carnivorous**
Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Mesic**
Substrate reaction relationship: **Alkaline**
Nutrient relationship: **Eutrophic**
Salinity relationship: **Non-saline**

Ellenberg-type indicator values

Light indicator value: **6.3**
Temperature indicator value: **6.5**
Moisture indicator value: **5**
Reaction indicator value: **7.5**
Nutrient indicator value: **7.3**
Salinity indicator value: **0**

Disturbance indicator values

Disturbance frequency: **0.07**
Disturbance frequency (herb layer): **1.33**
Disturbance severity: **0.68**
Disturbance severity (herb layer): **0.17**
Mowing frequency: **0.03**

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Grazing pressure: **0.2**
Soil disturbance: **0.1**

Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: **HA (POP) *Alno glutinosae-Populetea albae***

EUNIS habitat

Diagnostic species of EUNIS habitats: **T1G Alnus cordata forest**
Constant species of EUNIS habitats: **T1G Alnus cordata forest**

Broad habitat

Occurrence in broad habitats: **Scrub, Forest, Sparsely vegetated (incl. rock and scree)**

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