

# *Cephalanthera rubra*

## Habitus and growth type

Plant height [m]: **0.4**

Life span: **Perennial**

Life form: **Geophyte**

## Flower

Flowering period: **April-July**

## Fruit, seed and dispersal

Seed mass [mg]: **0.03**

Dispersal mode: **Anemochory**

Dispersal distance class: **3**

## Trophic mode

Parasitism and mycoheterotrophy: **initial or partial mycoheterotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

## Taxon origin

Origin in Europe: **native**

## Ecology

### Environmental relationships

Substrate humidity relationship: **Dry**

Substrate reaction relationship: **Alkaline**

Nutrient relationship: **Mesotrophic**

Salinity relationship: **Non-saline**

### Ellenberg-type indicator values

Temperature indicator value: **5.5**

Moisture indicator value: **3.5**

Reaction indicator value: **8.1**

Nutrient indicator value: **3.3**

Salinity indicator value: **0**

### Disturbance indicator values

Disturbance frequency: **0.02**

Disturbance frequency (herb layer): **1.3**

Disturbance severity: **0.69**

Disturbance severity (herb layer): **0.11**

Mowing frequency: **0.01**

Grazing pressure: **0.21**

Soil disturbance: **0.1**

## Habitat and sociology

Syntaxon

Diagnostic species of phytosociological classes: [CA \(FAG\) \*Carpino-Fagetea sylvaticae\*](#),  
[CB \(PUB\) \*Quercetea pubescentis\*](#)

EUNIS habitat

Diagnostic species of EUNIS habitats: [T33 Mediterranean mountain \*Abies forest\*](#)

Constant species of EUNIS habitats: [T33 Mediterranean mountain \*Abies forest\*](#)

Broad habitat

Occurrence in broad habitats: **Scrub, Forest**

## Distribution

Continentality: **5**

Continentality amplitude: **4**