

Mentha spicata aggr.

Habitus and growth type

Plant height [m]: **0.8**

Life span: **Perennial**

Life form: **Hemicryptophyte**

Leaf

Specific leaf area [mm²/mg]: **26.6**

Flower

Flowering period: **May-October**

Fruit, seed and dispersal

Seed mass [mg]: **0.07**

Trophic mode

Parasitism and mycoheterotrophy: **autotroph**

Carnivory: **non-carnivorous**

Symbiotic nitrogen fixation: **no nitrogen-fixing symbionts**

Taxon origin

Origin in Europe: **native**

Ecology

Environmental relationships

Substrate humidity relationship: **Wet**

Substrate reaction relationship: **Slightly acidic to near-neutral, Alkaline**

Nutrient relationship: **Eutrophic**

Salinity relationship: **Non-saline, Slightly saline or brackish**

Ellenberg-type indicator values

Light indicator value: **7**

Temperature indicator value: **6**

Moisture indicator value: **8**

Reaction indicator value: **8**

Nutrient indicator value: **7**

Salinity indicator value: **1**

Habitat and sociology

Broad habitat

Occurrence in broad habitats: **Aquatic, Spring, Wetland, Mire, Grassland (non-alpine, non-saline), Scrub, Forest, Sparsely vegetated (incl. rock and scree), Synanthropic**